

## HOW DO I DO THE TEST?

When you are ready to poop, follow these

6

easy steps.

If the label attached to the tube is blank, write the following:

1

- Your name
- Date of birth (DOB)
- Today's date

*This may already be done for you.*



2

Lift up the toilet seat. Unfold the tissue paper and spread it over the toilet bowl. If the tissue paper touches the water, that is ok. You should still be able to complete the test.



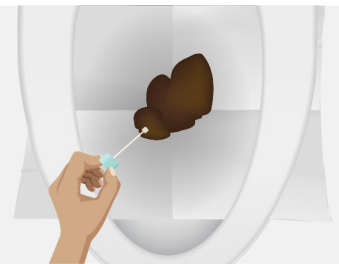
3

Poop onto the tissue paper.



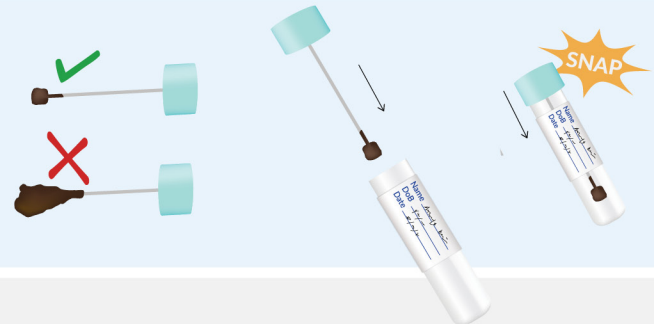
4

Open the tube by twisting the cap. With the stick that is attached to the cap, scrape some poop from 6 different places onto the stick.



5

You only need enough poop to cover the end of the stick. Once you have enough, insert the stick back into the tube, you should hear a snap. You can flush the tissue paper down the toilet.



6

Wrap the tube in the padding. Place the wrapped tube inside the biohazard bag. Return your completed test to the clinic lab. You should have received instructions on how to do this. If you did not, please call your doctor. Make sure to return within 48 hours of completing your test.

